Winter walking falls are a serious safety hazard!
Even with the mild winter we had in 2015, Cornell experienced nearly 50 reported slip-and-falls related to winter snow and ice. While this represents a drop from 80 reported incidents in the 2014 season, these slip-and-falls resulted in bruises, sprains and strains and even broken bones.

Stay healthy and injury-free this winter by following these winter walking safety tips:

Snow Removal
Exercise extreme caution in parking lots and sidewalks during snow events, especially early mornings when our Grounds staff is trying to keep up with clearing roads and parking lots. In fact, 44 percent of our slip-and-falls in 2015 occurred between the hours of 7am-10am!

Black Ice
Call the Winter Safety Program number (254-COLD (2653)) to report any hazardous walking conditions, including any “black ice,” which is oftentimes invisible. Help keep yourself and the Cornell Community safe this winter season.

Footwear
The single most important thing you can do for your safety is to wear weather appropriate footwear. Boots with rubber soles and non-slip tread are great; grippers, traction cleats or “Yaktrax” are another excellent idea. Nothing is foolproof, but the right footwear provides slip resistance.

Defensive Walking
Just like being a “defensive driver” to avoid accidents, become a “defensive walker” to avoid winter falls.

Remember to… Walk like a Penguin!

Employee Incident Form
If you do fall, please fill out an [Injury / Illness / Exposure Report Form]