Winter walking falls are a serious safety hazard!
In our last winter season (16’-17’) Cornell University had 73 reported Winter slips and falls. In comparison, winter season 15’-16’ we had 49 winter slips and falls. During our last winter season, slips and falls related to ice and snow resulted in bruises, sprains / strains, broken bones and a total of 317 Lost Work Days! That is more than four Lost Work Days per Winter Slip and Fall!

Stay healthy and injury-free this winter by following these winter walking safety tips:

Snow Removal
Exercise extreme caution in parking lots and sidewalks during snow events, especially early mornings when our Grounds staff is trying to keep up with clearing roads and parking lots. In fact, nearly 50 percent of our slip and falls last year occurred between the hours of 7am-10am!

Black Ice
Call the Winter Safety Program number (254-COLD (2653)) to report any hazardous walking conditions, including any “black ice,” which is oftentimes invisible. Help keep yourself and the Cornell Community safe this winter season.

Footwear
The single most important thing you can do for your safety is to wear weather appropriate footwear. Boots with rubber soles and non-slip tread are great; grippers, traction cleats or “Yaktrax” are another excellent idea. Nothing is foolproof, but the right footwear provides slip resistance.

Defensive Walking
Just like being a “defensive driver” to avoid accidents, become a “defensive walker” to avoid Winter falls.

Remember to… Walk like a Penguin!

Employee Incident Form
If you do fall, please fill out an Injury / Illness / Exposure Report Form